

## G 250 MULTI FUNCTION HOME GYM

### SPECIFICATIONS :

- Multi-functional home gym with arm curl
- Strong square steel frame (50x50x1.5mm) with 73 kg, (160 lbs) cement filled plastic weight stack
- Training options include triceps extension, leg extension, triceps push down, lat pull down, biceps curl, pectoral fly, seated press bar row, preacher curl, bench press, leg kick, seated shoulder press, dip arm, upright row & standing leg curl
- Anti-scratched powder coating finish
- Compact & user friendly
- High density upholstered seat & backrest pads
- Adjustable seat height & large diameter pulley with bearing
- Multi position press handle & accessories including lat bar, straight bar, chain abdominal & ankle strap
- Max user weight: 120 kg
- Machine weight. 144 kg
- Product dimension: 193x93x209 cm

