

AR 1000 COMMERCIAL AIR ROWER

SPECIFICATIONS :

- Drive Model : Chain
- Resistance Design : Air Resistance
- Console Display : 5 inch LCD display with 8 readout windows
- Console readouts : Time, Stroke Rate, Pace, Distance, Watts, Calories, Heart Rate, Level
- Programs : Multiple
- HR Monitor : Telemetry (Compatible with Polar heart rate belt H9 or H10 which can be bought separately)
- Product Dimension : 224 x 36 x 106 cm
- Maximum User Weight : 150 Kg

