

VXF136 MESSAGE FIGURE TWISTER

SPECIFICATIONS :

- Unique Smooth Pivoting Motion allows you to work your Lateral/Abdominal Muscles with ease
- Twists your figure back into shape
- Easy Portable
- Non Slip foot pad
- Helps to slim the thighs, waist & hips
- Improves Cardiovascular Fitness
- Can also be used as a Waist Exercise Twister
- 4 Magnet Points on each foot

