

PREMIUM WEIGHT LIFTING CURL ROD WITH LOCK 25 MM THICKNESS

SPECIFICATIONS :

- Curl Rod Chrome Plated With 2 locks
- Durable & Strong Steel Bars - The dumbbell set uses steel material as bars for a strong and durable use. It has great bearing capacity and will not get damaged easily.
- Complete Arm-Muscle Workout - Constructed to directly boost your biceps, triceps, and forearm muscles, this weight curl bar set enhances arm strength, power, and control
- Ideal For Home Gym - It is a perfect choice for home exercise, saving the time and energy for you to go to a gym
- Normal Plates up to 31 mm hole can be used

