

VIVA FITNESS SAVAGE FUNCTIONAL TRAINER CUM SMITH MACHINE CUM MULTI GYM

SPECIFICATIONS:

• Dimension: 180 x 219 x 227 cm

Weight stack of 100 Kg x 2

• Maximum Weight Loading Capacity: 200 Kg

• Full Body training exercise

- Attachments With Machine Dips, Safety Panels, Lats Pads, Leg Press, T-Bar, Lats Bar, Bi/Tri Bar, Crossover Handle, Ground Pulley Handle, Double Hook Bar & more
- Exercises that can be done: Crossover, Smith Machine, Pec Fly, Rear Delt, Incline Flat Decline Bench Press, Shoulder Press, T-Bar, Rowing, Squats, Shrugs, Power Rack, Dipping,
 Pull Ups, Lats Pull Down, Leg Press, Bicep, Tricep, Bent Over Row, Dead Lift, Manual
 Squats, Lunges and many more
- Watch Video



