

## X 500 HALF RACK

### SPECIFICATIONS :

- BODYWEIGHT TRAINING STATION
- Dimensions: 126x180x232 cm
- Maximum weight loading capacity: 200 kg
- Rack includes J hooks and safety spotter arms that are lined to hold your barbell. This rack also has two posts to hold Olympic or normal barbells and aid with storage. It is ALSO fitted with a pull up bar to perform pull ups, set up gymnastic rings, and more! Get a full-body strength and bodyweight workout at this do-it-all station!
- You will always have a spotter in the Power Zone Squat Rack with safety lock latches for ease of mind and safety when squatting with heavier weights. Constructed with premium quality powder coated, this power rack supports up to an incredible 300 max weight capacity barbell.
- [Watch Video](#)

