

## SUSPENSION TRAINER

### SPECIFICATIONS :

- Suitable for all fitness levels
- Heavy duty, industrial strength components for sturdy and safe attachment
- Highly effective workouts
- Great for travel or working out just about anywhere (indoor and outdoor)
- Dual and single suspension options
- Easily adjusts the weight you are lifting by clipping the handles or shifting your angle
- Get ripped using your body as your gym
- Comes with Door Anchor & Mesh Carrying Bag

