

V850 VIBRA PLATE

SPECIFICATIONS :

GYMTRAC V 850 Vibra Plate / Crazy Fit Massage / Full Body Vibration Massage with Remote Control & Resistance Bands:

- This is by far the most popular new addition to the passive exercise category with whole body vibration which is also known as power plate vibration, and platform vibration machine.
- This equipment is CE certified and features 200 Watts motor and benefits of exercise machine are Endless. It aids in getting rid of excess body fat and weight. It also helps in Muscle Strengthening, Burning Calories and Relaxing Tired Muscles, Target Specific Muscle Groups
- Perfect for sports training, weight loss, burning fat and is lab tested to improve muscle strength, flexibility and circulation along with excellent toning for abs, thighs & buttocks which improves metabolic rates

The booty machine workout fitness platform will just make the body look perfect and the benefits include:

- Increased circulation
- Better range of motion
- Core conditioning and stability
- Faster muscle recovery after working out
- Enhance metabolism
- Increase bone mineral density
- Reduction of the stress elevation levels

