



BODY LINE
Inspiring Fitness

TUNTURI[®] 1922-2022

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Inspiring Fitness

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PROFESSIONAL RANGE 2022-2023

1922

Back to 1922, two brothers, passionate nature lovers, gets motivated and start a bicycle production factory. Roughly 50 years later, the natural way of moving can be found back in exercise bikes and a growing collection of fitness equipment. Tunturi is still a leading bicycle brand in Scandinavia.



Originally from Finland



Different, quirky, simple and beautiful. The unique Tunturi design had its origin in Scandinavia with its distinctive tradition for design. Compact, clean lines and always characterised by specific details. Its sustainability and smooth, quiet functioning are important features. Grounded in our vision that a fitness machine is your durable companion and part of your successful gym.



1969 We were first

The Tunturi W1 was the first exercise bike with ergometer in 1969. The starting point of the fitness market and culture as we know it today. More than one million W1 exercise bikes were manufactured in Finland. The great thing about the W1 was that the trainers took up little space and could easily be moved.



1969 Back to 1969

The very first exercise bike was designed in Finland. It marked the beginning of today's professional fitness market. In 1969 Tunturi was the pioneer in this field and has been the leading innovator ever since offering a healthy, safe and comfortable workout. From cardio fitness to the home treadmill all in the comfort of your own home. Where the exercise bike is still very popular.

Own factory

All Tunturi products were made in our own factories. Ofcourse these factories were in Finland. These factories were all in Turku.

Back in time

A selection from history with various products

TUNTURI = Big mountain in Finnish

SIX REASONS TO GO *TUNTURI*®

1. SCADINAVIAN
DESIGN
EXCELLENCE

2. UNPARALLEL
VIRTUAL EXPERIENCE

3. MIX OF LATEST
DESIGN AND TECHNOLOGY
IN CARDIO LINE FOR
A GREAT IMPACT FREE
WORKOUT



4. LATEST BIOMECHANICS &
ENGINEERING TO REPLICATE
USER'S NATURAL BODY MOVEMENT

5. SUSTAINABLE
QUALITY WITH
AN EXCELLENT
WARRANTY

6. ROBUST & HEAVY STRUCTURED
MACHINES BUILT TO LIVE
UPTO PROFESSIONAL USERS
EXPECTATIONS

LISTEN TO YOUR BODY



TUNTURI®

SCANDINAVIAN  DESIGN

ONE SERIES

Tunturi is proud to introduce a fully professional range of cardio machines, which are made with passion. This series is highly advanced quality and design with latest biomechanics. This equipment would be ideal for your fitness facility and designed to offer effective exercising and enjoyable cardio sessions to the users of all levels. It would be the heart of your facility and draw more n more members over the years.

Virtual Experience

How about offering your members the chance to have virtual experience to the snow mountain road; to run across the valley; to hike the canyon; to have the feel of beautiful card village of Tibet; to jog by Anjiulashan Lake and sprint at Huandao Road and all this within the premises of your facility! Virtual Experience by Tunturi is unparallel and it would take your members away from their daily life and they would keep coming back for more.





Lubrication-Free Smart Deck Patented Design®

- Max comfort** 8 pcs high density rubber elastomer cushioned deck for maximum shock absorption
- Energy saving** Minimize friction / Save energy, low-carbon life
- Power saving** Lower current required / Reduce power consumption
- Durability** Over 10,000 hours rigid testing / High efficiency performance
- Long life** Maximize belt service time



EMERGENCY STOP BUTTON

LARGE SIZED TWIN CUP HOLDER WITH A BUILT IN TRAY

INDUSTRIAL GRADE MOTOR
4HP AC CONTINUOUS (8HP PEAK)



-3% DECLINE TO 15% INCLINE

EXTRA HEAVY DUTY STEEL BASE
THAT CAN WITHSTAND 180 KG USER WEIGHT

SPEED : 0.8~24 KMPH

RUNNING AREA 22"X62"
2 PLY HEAVY COMMERCIAL GRADE BELT

DOT MATRIX HIGH-BRIGHTNESS LED
DISPLAY WINDOW

PROGRAMS : 6 PRESET PROGRAM GROUPS
GOAL X 3, HRC, PHYSICAL TEST X 3,
PROGRAM X 5, TRAINING & FAT TEST

DIRECT SPEED & INCLINE KEYS
ON THE CONSOLE

INDEPENDENT CONTROL PANEL WITH
TOUCH SENSOR BUTTONS

Lubrication-Free Smart Deck Patented Design®



-  Micro computer
 -  Energy saving
 -  Power saving
 -  Durability
 -  Long life
- 18 pcs high density rubber elastomer cushioned deck for maximum shock absorption
 - Minimize friction / Save energy, low-carbon life
 - Lower current required / Reduce power consumption
 - Over 10,000 hours rigid testing / High efficiency performance
 - Maximize belt service time





Features

Chrome plated 2-stage fixed-bar with brands new ergonomic design.
 All new aluminum alloy adjustable stems and sliders that avoids rust problem.
 Micro-adjustable handlebar and saddle.
 High rigidity 3 pieces crank.



Console Display

- RPM
- Speed
- Time
- Distance
- Calories

Resistance
 Friction resistance system

Transmission
 4PK Hutchinson Poly-V belt driven system

Flywheel
 18 kgs / 40 lbs

TUNTURI®

SCANDINAVIAN  DESIGN

**TRAIN
WHERE
YOU FEEL
THE BEST**

SUBLIME SERIES

Scandinavian excellence reflects in selectorized strength stations that combines striking visual appeal with subtle design elements that result in a natural feel and an extremely memorable experience. It is going to set new standards in selectorized strength stations.

Sublime series stations are designed keeping the fundamentals of kinesiology as main consideration. The fundamental principles of biomechanics, engineering, anatomy and physiology to guarantee that every movement is smooth and natural which would help in achieving full muscle contraction. The experience of the user with each machine reproduces the perfect and natural movement of each agonist, antagonist or synergist muscles.

Built with passion, these heavy structured machines are equipped with right amount of weight stack which is suitable for all range of users. Besides being biomechanically advanced these are an eye candy to all, hence your facility members are bound to get addicted.



SL-9501 CHEST PRESS

Pre-stretch allows easy entry and exit, and increase the range of motion

The 3-bar linkage structure offers smooth, convenient adjustment

Multi-position handle bars allow variety workout

Double parallel grips replicates chest fly movement effectively

WEIGHT STACK : 235 LBS

LXWXH : 155.2X123.1X150.3 CM



SL-9502 DIVERGING LAT PULLDOWN

Uniaxial structural movement ensures complete & efficient muscle workout.

Aluminum casting handles stand for the premium positioning.

Adjustable foam roller offers supports during workout for users at various height.

WEIGHT STACK : 235 LBS

LXWXH : 130.5X122.4X109 CM



SL-9503 ARM CURL

Ergonomic handle bar is self-adaptive to meet various users requirements

User-friendly design allows easy entry and exit.

Independent arm motion structure allows exercise simultaneously or alternately.

WEIGHT STACK : 200 LBS

LXWXH : 112.2X158.3X156.3 CM



SL-9505 LEG EXTENSION

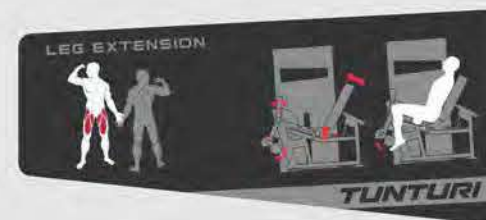
Back support pad allows one-hand adjustment. Under thigh support designed to offers comfort and reduces stress on hamstrings during workout

Adjustable foam roller and back support pad allows users at different height for a desired position

Pivot mark in yellow allows users to determine correct position for knees

WEIGHT STACK : 200 LBS

LXWXH : 140.1X122.7X156.3 CM



SL-9506 SEATED LEG CURL



Adjustable foam roller is designed to adapt the natural movement required by various users

Back pad support is adjustable in a sitting position

Pivot mark in yellow allows users to determine correct position for knees

WEIGHT STACK : 200 LBS

LXWXH : 149.5X127.5X156.3 CM



SL-9508 ABDUCTOR / ADDUCTOR

Dual station designed to train outer and inner thigh muscles

User-friendly design allows easy entry and exit. Weight stack in front is for privacy purpose.

The double foot platform accommodates various users

Large size pads insure comfortable support for various users

Easily adjustable starting position offers wide range of motion

WEIGHT STACK : 200 LBS

LXWXH : 78.4X163.6X156.3 CM



SL-9509 TOTAL HIP

Adjustable foam roller provide a personalized fit for isolateral training

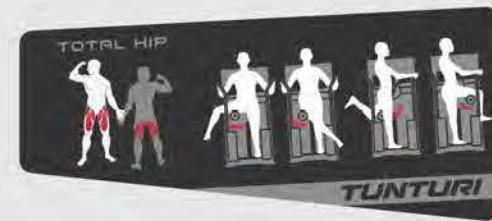
Various workout for hip

Handle bars on sides provide user stabilization and support

Adjustable platform suitable for various users

WEIGHT STACK : 200 LBS

LXWXH : 97.2X138.1X156.4 CM



SL-9510 LEG PRESS / CALF RAISE

Foot platform and handle bar for easy entry and exit

Adjustable sliding rack accommodates various users for a ideal range of motion

Foot plate angled at unique 4° recline to save ankles and knees from injury

WEIGHT STACK : 295 LBS

LXWXH : 181.3X117.6X156.2 CM



SL-9512 SHOULDER PRESS

Independent converging movement offers natural and ergonomic workout

Counter weight enables user to start easily

Multiple grips allow to target front and middle deltoids effectively

WEIGHT STACK : 235 LBS

LXWXH : 155X149X156.4 CM



SL-9515 PEC FLY / REAR DELT

Dual station designed to train chest and rear deltoid muscles.

Option of multiple starting positions to meet various users training requirement

Variable circular motion can be achieved as required by various users

WEIGHT STACK : 200 LBS

LXWXH : 149.7X162.9X204.8 CM



SL-9516 STANDING CALF RAISE

To train calf muscles in standing position, provide a better training effect by combining user self-weight

Adjustable starting position enables user get into the machine in standing position without the need to bend down

Contoured shoulder pads are designed to give comfortable experience

Anti-slip footrests provide comfort and safety

WEIGHT STACK : 235 LBS

LXWXH : 119.2X119.7X175 CM



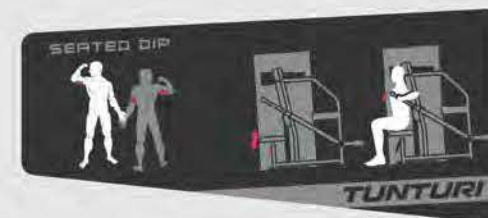
SL-9517 SEATED DIP

Rotating handles accommodate various users

Angled back support improves stability and comfort

WEIGHT STACK : 200 LBS

LXWXH : 142.8X130X156.4 CM



SL-9519 VERTICAL ROW

Independent arm movement allows isolation of back muscles separately

Foot pedals are positioned to give comfortable posture for various user

Uniquely designed handle grips provide are firm and solid grip

WEIGHT STACK : 235 LBS

LXWXH : 198.4X112.9X156.3 CM



SL-9520 WEIGHT ASSISTED CHIN / DIP COMBO

Dual station designed to give isolation to your complete upper back with weight assisted support

Multi-positional hand grips enables various users to perform triceps and chest dips effectively

WEIGHT STACK : 200 LBS

LXWXH : 139.4X160.8X228.5 CM



SL-9521 PRONE LEG CURL



Angled seat pad is designed to give support to core and spinal column, while stabilizing the hip

Pivot mark in yellow allows users to get correct exercise position.

WEIGHT STACK : 200 LBS

LXWXH : 118.5X144.3X156.3 CM



SL-9522 LAT PULLDOWN / SEATED ROW

Dual station designed to give training of vertical row and lat pulldown

Adjustable knee rollers suitable for various users

Large size foot plates for added comfort

Comes with two handles for variation

WEIGHT STACK : 295 LBS

LXWXH : 122.3X193.6X223.1 CM



SL-9524 LATERAL RAISE

Natural movement of rotating hand grips adapts to different size users

The Large arm pads for increased support

WEIGHT STACK : 200 LBS

LXWXH : 109.8X128.4X156.4 CM



SL-9525 ADJUSTABLE HI / LO PULLEY

Multiple training unit for working out upper and lower limbs comprehensively.

Compatible to attach with SL9527 four station and make it 5 station cable jungle with cable crossover

WEIGHT STACK : 295 LBS

LXWXH : 148.2X118.7X235.6 CM



SL-9527 JUNGLE MULTI GYM

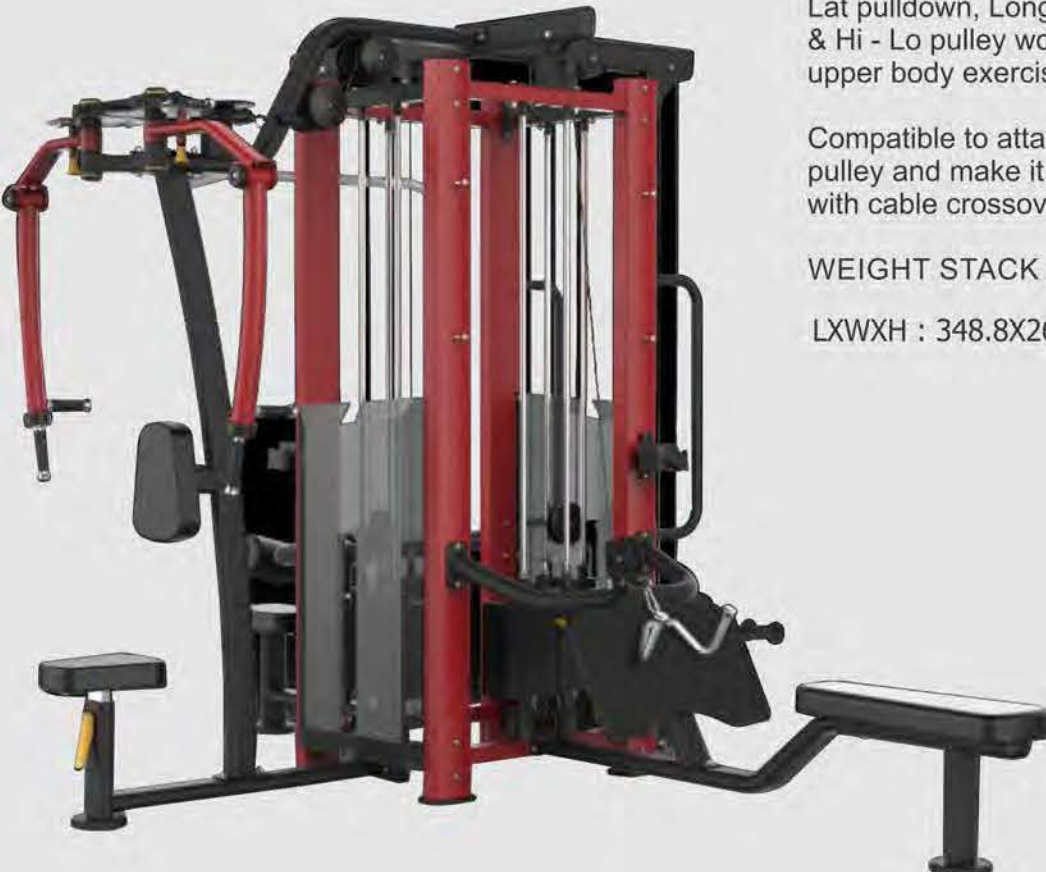
Unique combination of 4 to be must stations in every facility.

Lat pulldown, Long pull, Pec fly / Rear delt & Hi - Lo pulley would cater to most of the upper body exercises

Compatible to attach with SL9525 hi-lo pulley and make it 5 station cable jungle with cable crossover

WEIGHT STACK : 235 X 4 LBS

LXWXH : 348.8X264.6X235 CM



SL-9527 OPT

CONNECTOR

Robust & strong built with multiple chin up handles

SL-9525+SL9527OPT+SL9527 5 STATION CABLE CROSS OVER



SL-9528 LEG EXT / LEG CURL

Dual station designed to give movements of leg curl and leg extension.

Back pad could be easily adjusted.

Pivot mark in yellow allows users to determine correct position for knees

WEIGHT STACK : 200 LBS

LXWXH : 135.1X131.9X156.3 CM



SL-9529 MULTI PRESS

Dual station designed to give movement of chest press, incline press and shoulder press.

Dual hand grips accommodate different size users

WEIGHT STACK : 235 LBS

LXWXH : 182.7X147.7X167.2 CM



SL-9530 DUAL ADJUSTABLE PULLEY

Dual adjustable pulleys are designed to give the possibility of performing three dozen exercises.

Ergonomically designed multiple chin up handles

Comes with standard pack of six various accessories

WEIGHT STACK : 200 X 2 LBS

LXWXH : 159.8X128.4X229.1 CM



SL-9534 ABDOMINAL / BACK EXTENSION

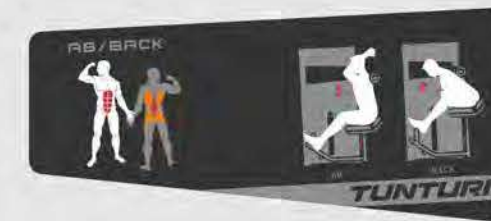
Dual station designed to train abdominal and lower back muscles

Double position foot pedals to accommodate various size users

Angled back support to save lower back from injuries

WEIGHT STACK : 235 LBS

LXWXH : 111.2X126.4X156.7 CM



STERLING SERIES

SL7001 CHEST PRESS

SL7002 PULL DOWN

Easy to use, neat appearance, the SL line is a high quality commercial plate loaded series. The user-friendly design makes working out more simple, efficient, comfortable and satisfying.



- LXWXH : 193.7X137X171 CM.
- MAX WEIGHT CAPACITY:300Kg/660Lbs

- LXWXH : 148.2X148.9X196.7 CM.
- MAX WEIGHT CAPACITY:300Kg/660Lbs

SL7003
SHOULDER PRESS



- LXWXH : 155.8X181.8X148.7 CM.
- MAX WEIGHT CAPACITY:300Kg/660Lbs

SL7004
LOW ROW



- LXWXH : 176.1X148.7X165.2 CM.
- MAX WEIGHT CAPACITY:300Kg/660Lbs.

SL7005
INCLINE CHEST PRESS



- LXWXH : 190X152.3X177.9 CM.
- MAX WEIGHT CAPACITY:300Kg/660Lbs.

SL7006
LEG PRESS



- LXWXH : 222.6X142.1X141.9 CM.
- MAX WEIGHT CAPACITY:400Kg/880Lbs.

SL7007
ROW



- LXWXH : 181.5X150X133.4 CM.
- MAX WEIGHT CAPACITY:300Kg/660Lbs.

SL7008
REAR KICK



- LXWXH : 168X122.9X163.6 CM.
- MAX WEIGHT CAPACITY:150Kg/330Lbs.

SL7009
OLYMPIC POWER RACK



- LXWXH: 203X145X228 CM

SL7010
PLATE RACK



- LXWXH : 135X67X135 CM.

SL7011
FID BENCH



• LXWXH : 135X67X135 CM.

SL7012
FID BENCH



• LXWXH: 155X67X135 CM.

SL7013
GLUTE HAM BENCH



• LXWXH: 156X91X147 CM.

SL7014
HALF RACK



• LXWXH : 139X175X244 CM.

SL7016
DUMBBELL RACK

- LXWXH : 226x76x74CM



SL7018
ARM CURL
• LXWXH : 114X86X102 CM

SL7017
SEATED CALF RAISE

- LXWXH: 147.5X76.5X84.5 CM.
- MAX WEIGHT CAPACITY: 150 KG/330 LBS



SL7019
INCLINE ROW
• LXWXH : 196 X 102 X 125.3 (CM)
• Maximum Weight Capacity : 150kg / 330 LBS

SL7020
45 DEGREE LEG PRESS

- LXWXH: 249.9X187.9X154.4 CM.
- MAX WEIGHT CAPACITY:450Kg/990Lbs.



SL7022
UTILITY BENCH
• LXWXH : 119.1X63X82.2 CM.

SL7021
HACK SQUAT

- LXWXH:220.5x188x128.5 CM
- MAX WEIGHT CAPACITY:400Kg/880Lbs



SL7023 BICEP CURL
• LXWXH : 152.4X108.8X116.9 CM.
• MAX WEIGHT CAPACITY:300Kg/660Lbs.

SL7024
TRICEP DIP

- LXWXH: 173.3X158X120.2 CM.
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



SL7025
LEG EXTENSION

- LXWXH: 127X169X100.5 CM.
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



SL7028
FLAT BENCH PRESS

- LXWXH: 191X173.8X131.5 CM



SL7029
INCLINE BENCH PRESS

- LXWXH: 205.9X173.8X149.6 CM



SL7026
STANDING LEG CURL

- LXWXH: 140.3X104.5X120 CM
- MAX WEIGHT CAPACITY: 120 KG/264 LBS



SL7027
BARBELL RACK

- LXWXH : 95X91X161.2 CM



SL7030
DECLINE BENCH PRESS

- LXWXH: 218.8X173.8X131.5 CM



SL7031
SHOULDER BENCH PRESS

- LXWXH : 171.9X126.1X192 CM

SL7032 STANDING CALF RAISE

- LXWXH: 161.5X137.5X173 CM
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



SL7034 SQUAT

- LXWXH: 226X126X180 CM
- MAX WEIGHT CAPACITY: 400 KG/880 LBS



SL7041 SUPER OLYMPIC BENCH

- LXWXH : 191X173.8X131.5 CM



SL7042 MAGIC RACK / SMITH MACHINE



SL7035 FLAT BENCH

- LXWXH: 226X126X180 CM
- MAX WEIGHT CAPACITY: 400 KG/880 LBS



SL7036 ABDOMINAL

- LXWXH: 140X104.5X173 CM
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



SL7043 MULTI AB BENCH

- LXWXH : 172X63X91 CM

SL7044 STRETCH MACHINE

• LXWXH : 157X63X126 CM



SL7045 VERTICAL KNEE RAISE / DIP STAND

• LXWXH : 119X77X136 CM



TUNTURI® PROFESSIONAL

WEIGHT PLATES

Made with high quality thermoplastic polyurethane (TPU) resistant to oil, grease & abrasion. With high shear strength for long lasting usage

AVAILABLE SIZES IN KGS :

1.25	2.5	5	7.5	10	15	20	25
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DUMBBELLS

Made with high quality thermoplastic polyurethane (TPU) resistant to oil, grease & abrasion. With high shear strength for long lasting usage

Knurled bar for solid grip and feel

AVAILABLE SIZES IN KGS :

2.5	5	7.5	10	12.5	15	17.5	20
22.5	25	27.5	30	35	40	45	50



SL7046 ISO-LATERAL SUPER CHEST PRESS

• LXWXH : 250X174X162 CM



SL7047 HYPER EXTENSION BENCH

• LXWXH : 134X95X77 CM



TUNTURI®

FINLAND

TUNTURI = FINNISH FOR HIGHLAND

BACK TO 1922. TWO BROTHERS, PASSIONATE NATURE LOVERS, GET MOTIVATED AND START A BICYCLE PRODUCTION FACTORY. ROUGHLY 50 YEARS LATER, THE NATURAL WAY OF MOVING CAN BE FOUND BACK IN EXERCISE BIKES AND A GROWING COLLECTION OF FITNESS EQUIPMENT. TUNTURI IS STILL A LEADING BICYCLE BRAND IN SCANDINAVIA. WHETHER THE BROTHERS CONQUERED THE HIGHLANDS?

THE STORY DOESN'T REVEAL.

KILPISJARVI LAKE AND SAANA MOUNTAIN

TUNTURI 2019. Tunturi proudly introduced a new **professional range** of cardio machines, which are made with passion.

This series is highly advanced quality and design with latest biomechanics. Virtual Experience by Tunturi is unparalleled and it would take your members away from their daily life and they would keep coming back for more.

Scandinavian excellence reflects in **Sublime Series** selectorized strength stations that combines striking visual appeal with subtle design elements that result in a natural feel and an extremely memorable experience.

