

## IT9522 LAT PULL DOWN / SEATED ROW

### **SPECIFICATIONS :**

- Dual station saves space and money
- For those users who prefer to use traditional strength equipment rather than latest variations, this machine is an ideal solution
- Straight bar with angled ends ensures correct arm and wrist position throughout the entire range of motion
- Longer seat to perform both the exercises with ease
- Thigh pads easily adjust to provide both stability and comfort
- Fitted with ABS rubber feet for floor protection
- Steel Tube: Rectangle Tube 50mm x 70mm and Oval Tube 50mm x 100mm
- Tube Thickness: 3 mm

