

NJ1006A - SPINE CORRECTOR

SPECIFICATIONS :

- The Spine Corrector is the ultimate piece of equipment for aligning and mobilising the spine and can also contribute to an improved posture. As a diverse Pilates tool, it can also be used to perform exercises lengthening and strengthening the torso, shoulders, back and legs while correcting or restoring the spines natural curvature.

- **Dimensions :**

(L) 94 x (W) 44 x (H) 61 cm

