

## **IT9522 LAT PULL / SEATED ROW**

## **SPECIFICATIONS:**

- Dual station saves space and money
- For those users who prefer to use traditional strength equipment rather than latest variations, this machine is an ideal solution
- Straight bar with angled ends ensures correct arm and wrist position throughout the entire range of motion
- Longer seat to perform both the exercises with ease
- Thigh pads easily adjust to provide both stability and comfort
- Fitted with abs rubber feet for floor protection
- Steel tube: rectangle tube 50mm x 70mm and oval tube 50mm x 100mm
- Tube thickness: 3 mm
- Long life tear resistant pvc+polyurethane upholstery
- Weight stack cable made in u.s.a. By loos cable co. With breaking strength of 4200 lbs.
- Lxwxh: 135x115x158 cm
- Weight stack: 295 lbs

