

## FAST&UP PROMEGA ADVANCED - 1250MG OMEGA-3 FISH OIL

## **SPECIFICATIONS:**

- It is ultra-distilled to provide the highest purity of omega 3 fatty acids containing 600 mg of omega fish oil in soft gel capsules.
- The capsules are mercury free and burpless with no fishy aftertaste.
- It is formulated with high quality, ultra-distilled 1250mg Omega-3 rich fish oil containing 375 mg EPA and 250 mg DHA in 3:2 ratio.
- Fish oil is one of the best-known sources for omega-3 fatty acids. It is essential for normal functioning of various physiological processes.
- They are important for your eyes, joints, brain and heart.
- Aids in improving heart health along with maintaining joint flexibility.
- Regular supplementation also helps increase blood flow during exercise.

