

## NATURE'S BOUNTY FISH OIL 1200 MG

### SPECIFICATIONS :

- Fish Oil 1200 mg contains EPA and DHA, two Omega-3 fatty acids that help support and maintain the health of your cardiovascular system.
- Omega-3 fatty acids are considered "good" fats important for cellular, heart and metabolic health and help maintain triglyceride levels already within a normal range
- This supplement is Non GMO, Gluten free and contains no sugar, salt, yeast, wheat, soy, corn, dairy products, artificial colors, flavors or preservatives.



**DIRECTIONS:** For adults, take one (1) softgel three times daily, preferably with meals.

#### Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	15	
Total Fat	1.5 g	2%**
Saturated Fat	0.5 g	3%**
Cholesterol	10 mg	3%
Fish Oil	1,200 mg (1.2 g)	***
provides 360 mg of Total Omega-3 Fatty Acids† comprising of:		
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Other Fatty Acids		***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.  
Contains fish (anchovy, mackerel, sardine) ingredients.