

## MUSCLETECH 100% CREATINE

### SPECIFICATIONS :

- **Added Power of Creatine Monohydrate:** Platinum 100% contains a 5g dose of creatine to help you increase strength and regenerate ATP stores that are reduced during resistance training.
- **Muscle Building And Strength:** The formulation is designed to increase the size of the muscle and to enhance strength. It helps to rebuild lean muscle and reduce soreness after a workout.
- **Muscle Repair And Recovery:** Platinum 100% creatine supports muscle mass by limiting muscle breakdown and promotes muscle repair and new muscle growth. This gives you a post-workout recovery and better performance results.
- **Suitable For:** The platinum 100% creatine can be used by everyone, from active men and women to high-performance athletes, powerlifters, crossfitters, bodybuilders, endurance athletes etc.

