

## SINGLE CHEST PRESSER WITH FOUNDATION

### SPECIFICATIONS :

Function:

- Enhance the muscles strength of upper limbs and the back.

Instruction:

- Sit on the sit plank, hold and push the handle, hold a moment and then return slowly to original position. Repeat the cycle.

Specifications:

- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1830x735x2060 mm

